NOVEL CORONAVIRUS (COVID-19)

Protect yourself and others!
Follow these Do's and Don'ts

Do's

- Practise frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean.
- Cover your nose and mouth with handkerchief/tissue paper while sneezing and coughing.
- Throw used tissue papers into closed bins immediately after use.
- Consult a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose.
- If you have these signs/symptoms please contact with nearest Govt. Health Facility.

Don’ts

- Have a close contact with anyone, if you’re experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Spit in public.

Together we can fight Coronavirus

For further information:
Contact: Health Helpline No.: 104 or
Mob: 9439994857 / 9439994859, Email: ssuodisha@gmail.com

Health & Family Welfare Department, Govt. of Odisha